

Cybersecurity Myths & Fallacies

John Gomez



About Sensato

2013

Sensato is founded by John Gomez, ex-CTO/President of AllScripts and CTO of WebMD.

2014

Sensato launches its Risk Assessment Workshop program and NIST based Vulnerability Assessment programs.

2015

Sensato creates the first healthcare industry conference on cybersecurity - Hacking Healthcare. Sensato named one of the Top-500 Most Innovative Cybersecurity Companies in the World

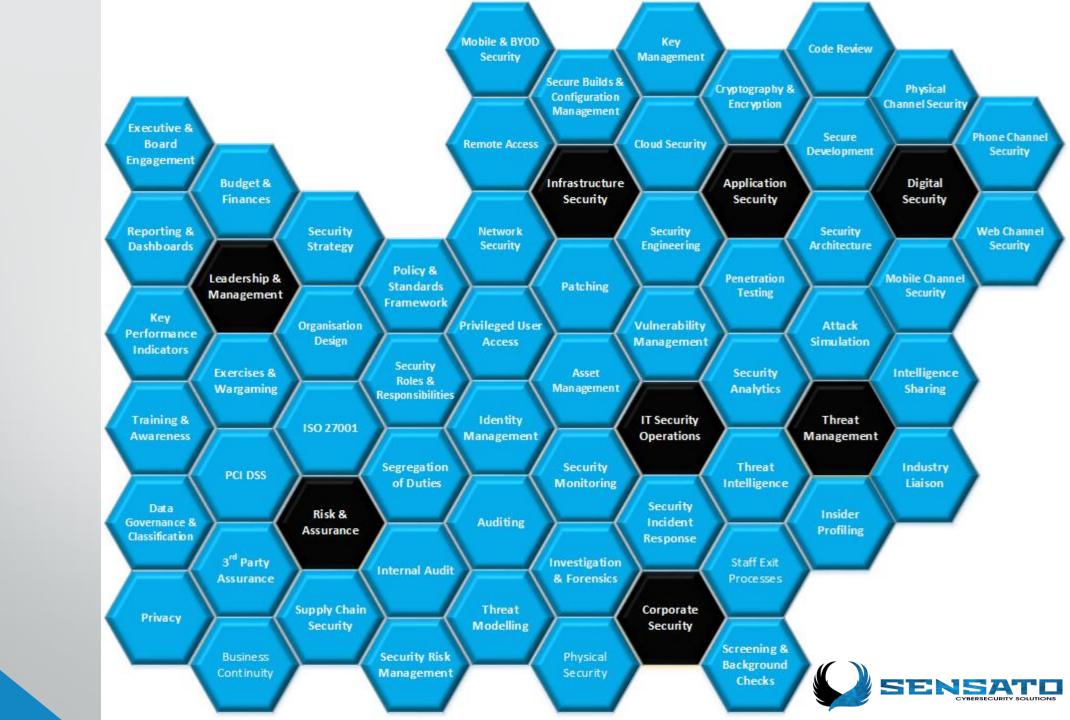
2016

Sensato forms Medical Device Cybersecurity Task Force
Sensato Announces the Sensato Cybersecurity Tactical Operations Center – CTOC
Once again named Top-500
Frost and Sullivan Visionary Leader 2016











Average Password Change Policy Requirement



5 25 63 135









More Myths

"Changing passwords reduces attackers ability to..."

"If that was encrypted..."

"We passed our audits...so we are..."

"We did an asessement last year..."

"We follow _____.(NIST, PCI, ISO, DoD)"

"We are _____ certified."



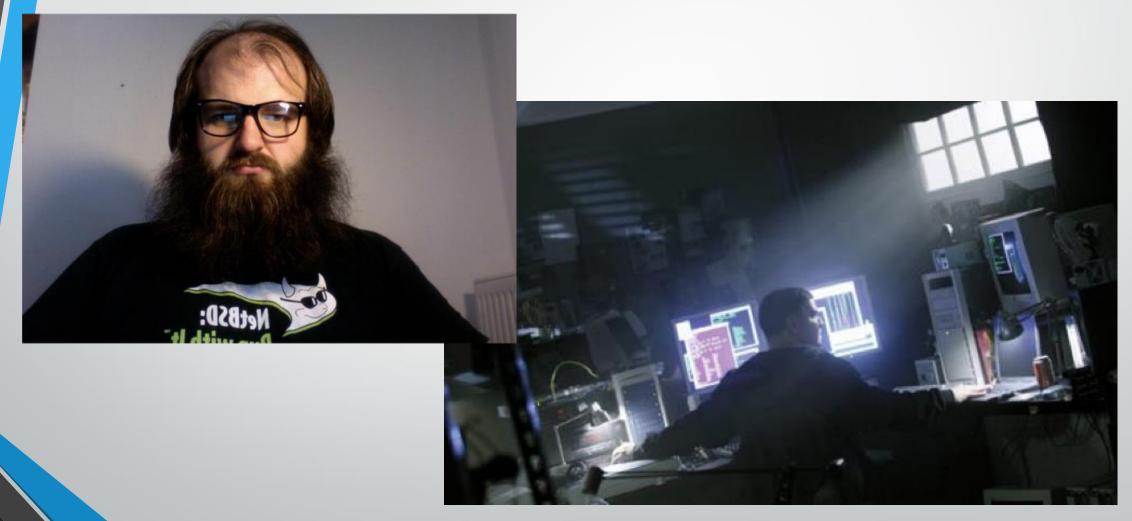


Mew World Order

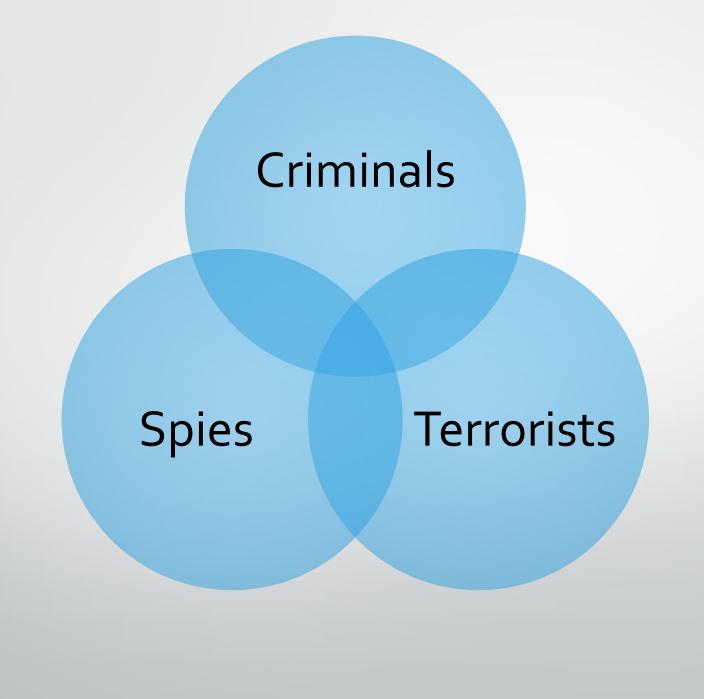




Hackers vs. Attackers







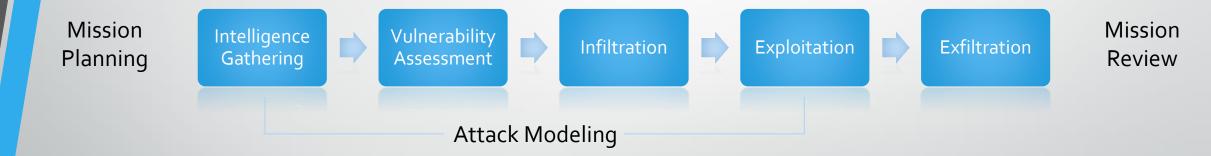


Attacker Motivations

Attacker Type	Motivation	Objectives	
Cyber Criminal	Profit – Purely Profit (EAS, RAS)	Theft	
Cyber Spy	Nation state – highly sophisticated – highly resourced – think James Bond	Theft	
Cyber Terrorist	Ideology	Death	



The Attacker Methodology





Learning from Enthem Anthe





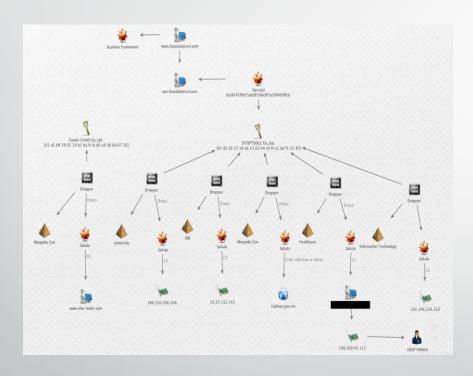
- Commonly believed to be part of a broader Chinese Intelligence Group
- Possibly separate, but some evidence suggests it is also known as Axiom, Shell Crew or Group 72. CrowdStrike security team created the name "Deep Panda"
- Highly Polished Organization
- Mature Tactics, Techniques, Practices (TTP)
- Five Year Attack Plan Targeting Key Sectors and Organizations
- Not Financially Motivated
- Possible Human Intelligence Gathering Mission

Attribution





November 2014



- CrowdStrike publishes a snapshot of the Deep Panda attack framework known as "Scanbox"
- Scanbox is an extremely intelligent piece of malware that can utilize different payloads.
- Scanbox is executed in a web browser and therefore bypasses detection.
- Scanbox has various plug-ins:
 - Software Recon
 - Browser Plugin
 - Flash Recon
 - SharePoint Recon
 - PDF Recon
 - Chrome Security
 - Java Recon
 - Internal UP Recon
 - JavaScript Key Logger****
- Deep Panda may have authored Derusbi
 - Provides back door access
 - Remote Command and Control



April 2014

wellpoint.com



	2014-04-21		2014-04-22
1	Domain Name: WE11POINT.COM	1	Domain Name: WE11POINT.COM
2	Registry Domain ID: 1855543298_DOMAIN_COM-VRSN	2	Registry Domain ID: 1855543298_DOMAIN_COM-VRSN
3	Registrar WHOIS Server: whois.godaddy.com	3	Registrar WHOIS Server: whois.godaddy.com
4	Registrar URL: http://www.godaddy.com	4	Registrar URL: http://www.godaddy.com
5	Update Date: 2014-04-21 03:13:19	5	Update Date: 2014-04-21 03:21:23
6	Creation Date: 2014-04-21 03:13:19	6	Creation Date: 2014-04-21 03:13:19
7	Registrar Registration Expiration Date: 2015-04-21 03:13:19	7	Registrar Registration Expiration Date: 2015-04-21 03:13:19
8	Registrar: GoDaddy.com, LLC	8	Registrar: GoDaddy.com, LLC
9	Registrar IANA ID: 146	9	Registrar IANA ID: 146
10	Registrar Abuse Contact Email: abuse@godaddy.com	10	Registrar Abuse Contact Email: abuse@godaddy.com
11	Registrar Abuse Contact Phone: +1.480-624-2505	11	Registrar Abuse Contact Phone: +1.480-624-2505
12	Domain Status: clientTransferProhibited	12	Domain Status: clientTransferProhibited
13	Domain Status: clientUpdateProhibited	13	Domain Status: clientUpdateProhibited
14	Domain Status: clientRenewProhibited	14	Domain Status: clientRenewProhibited
15	Domain Status: clientDeleteProhibited	15	Domain Status: clientDeleteProhibited
16	Registry Registrant ID:	16	Registry Registrant ID:
17	Registrant Name: wen ben zhou	17	Registrant Name: ad fire
18	Registrant Organization:	18	Registrant Organization:
19	Registrant Street: wen ren zheng fei ren chun 120hao	19	Registrant Street: fdsbcacfdt43
20	Registrant City: xiamen	20	Registrant City: new
21	Registrant State/Province: fu jian	21	Registrant State/Province:
22	Registrant Postal Code: 366115	22	Registrant Postal Code: 366512
23	Registrant Country: China	23	Registrant Country: Cayman Islands
24	Registrant Phone: +86.5925035801	24	Registrant Phone: +65.561235001
25	Registrant Phone Ext:	25	Registrant Phone Ext:
26	Registrant Fax:	26	Registrant Fax:
27	Registrant Fax Ext:	27	Registrant Fax Ext:
28	Registrant Email: e59e@qq.com	28	Registrant Email: admin@wellpoint.com
29	Registry Admin ID:	29	Registry Admin ID:
30	Admin Name: wen ben zhou	30	Admin Name: ad fire
31	Admin Organization:	31	Admin Organization:
2.2		2.2	

Nice to meet you.

We've changed our name from WellPoint to Anthem.



The attacker displayed TTP that is common with highly skilled intelligence agencies.

- If this is part of the attack strategy, then we suspect that they were targeting Anthem well before the attacks launched.
- The Anthem name-change may have created a triggering event to stage the attacks.
- Also registered:
 - myhr.we11point.com
 - hrsolutions.wellpoint.com
 - extcitrix.we11point.com

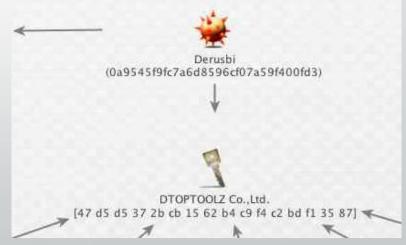
sophistication





Citrix Connection

- extcitrix.we11point.com
 - Citrix provides remote access via VPN to employees and supply chain partners.
 - Registered April 22, 2014
 - Certificate signed by DTOPToolZ Co. -> Deep Panda





discovery

Anthem discovered the breach inadvertently.

An IT team member noticed someone was logged in with their account at the same time they were logged in...

...it wasn't technology that detected the breach!



Cyber-Terrorism





Cyber levels the worldwide battlefield - we have the largest military - and no citizen will have access to those resources - but access to cyber technologies does provide the same power to the common person as to that of the largest military.





Milware

Milware is a standardized and systemic approach to developing malware. Not all Milware is a weapon - although it can be a weapon. Weaponized code is still in it's infancy and is very immature at this point.

The big issue is that Milware ends up in the wild and hence it becomes a much broader problem, while beyond the targets of the nation state.



Milware In the Wild

There is evidence that Russia is providing legal-protection for illegal cybercriminals in exchange for early access to zero-day exclusivity and advanced penetration tools.

Polymorphic payloads are becoming more powerful and critical. This is a very serious threat and very hard to detect.



ISIS: Hello!



"Put down the chicken bro...and join the jihad!"







THE WORLD HAS

Amirul-Mu'minin said: "O Ummah of Islam, indeed the world today has been divided into two camps and two trenches, with no third camp present:

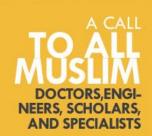
The camp of Islam and faith, and the camp of kufr (disbelief) and hypocrisy - the camp of the Muslims and the mujahidin everywhere, and the camp of the jews, the crusaders, their allies, and with them the rest of the nations and religions of kufr, all being led by America and Russia, and being mobilized by the jews."



Amirul-Mu'minin said: "Therefore, rush O Muslims to your state. Yes, it is your state. Rush, because Syria is not for the Syrians, and Iraq is not for the

The earth is Allah's. (Indeed, the earth belongs to Allah. He causes to inherit it whom He wills of His servants. And the [best] outcome is for the righteous}

The State is a state for all Muslims. The land is for the Muslims, all the Muslim O Muslims everywhere, whoeve is capable of performing hijra (emigration) to the Islamic State, the let him do so, because hijrah to th land of Islam is obligatory."



THE ENEMY'S WORDS

Douglas A. Ollivant, former Director for Iraq at the US National Security Council, and Brian Fishman former Director of Research for the Combating Terrorism Center at West Point - two American crusaders - wrote an article titled "The Reality of the Islamic State in Iraq and Syria" a short time before the Islamic State's liberation of Mosul as well as other important cities and towns in Iraq. Here are excerpts from the article.



"Out of the crucible of the Syrian civil war and the discontent in Iraq's Sunni regions, something new is emerging. The Islamic State in Iraq and Syria (ISIS) is no longer a state in name only. It is a physical, if extralegal, reality on the ground. Unacknowledged by the world community, ISIS has carved a de facto state in the borderlands of Syria and Iraq. Stretching in a long ellipse roughly from al-Raggah in Syria to Fallujah in Iraq (with many other noncontiguous "islands" of control in both Iraq and Syria), this former Al Qaeda affiliate holds territory, provides limited services, dispenses a form of justice (loosely defined), most definitely has an army, and flies its own flag."

ISIS has created a multi-ethnic army; almost a foreign legion, to secure its territory.

Finally, this new reality presents a challenge that rises above a mere counter-terrorism problem. ISIS no longer exists in small cells that can be neutralized by missiles or small groups of commandos. It is now a real, if nascent and unrecognized, state actor-more akin in organization and power to the Taliban of the late 1990s than Al Qaeda.

The group does not have safe haven within a state. It is a de facto state that is a safe haven.

DABIO

REPORT DABIC



During the course of the meeting, a number of things were requested from the tribal dignitaries, the most important of which were the following:

- Collecting the zakah and presenting it to the zakah offices located throughout the wilayah
- Preparing lists with the names of orphans, widows and the needy so that zakah and sadaqah can be distributed to them
- Encouraging the youth to join the ranks of the Islamic State
 - Turning in any weapon acquired from the regime or the FSA

 Urging those bearing arms against the Islamic State to repent before they are captured

At the conclusion of the gathering, several of the tribal elders and dignitaries in attendance announced their bay ah to the Islamic State.



More recently, representatives of the Islamic State attended another such meeting of tribal leaders in Wilayat Halab at the generous invitation of the leaders and dignitaries of the tribe of Bu Batush.

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CARING FOR THE ORPHANS

Wilāyat Ar-Raqqah - Ramadān 19
The Islamic State distributes the share of ghanīmah designated for orphans.





14

ISIS & Social Media

Monthly Accounts Establish – 27,500 – 45,000

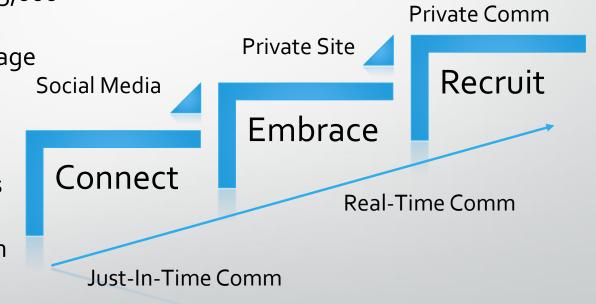
Tweets Sent Per Day – 90,000 on average

Worldwide Distribution Network

PasteBin for Battlefield Summaries

Ask.FM for Interviews and Outreach

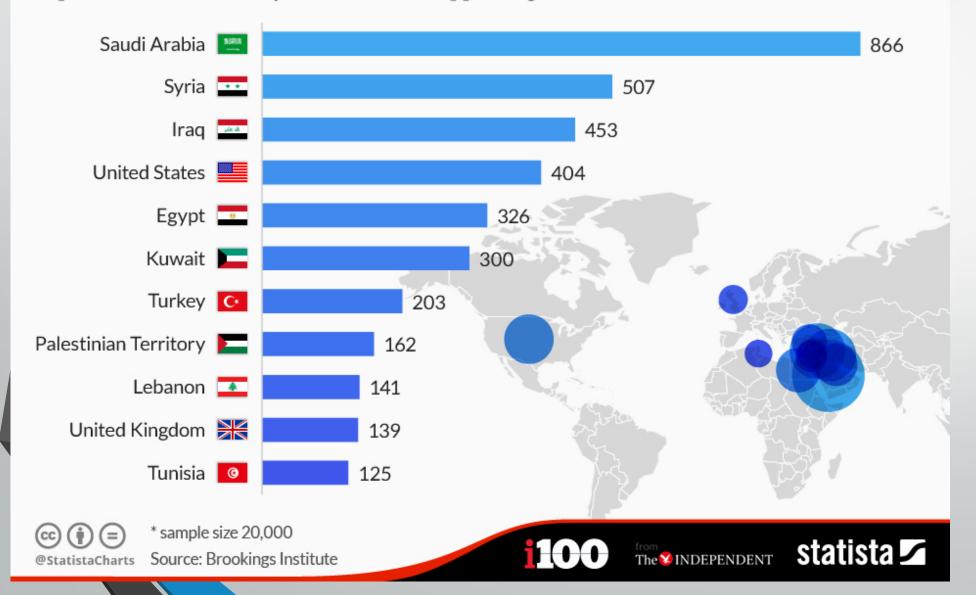
SoundCloud for Media





Where are ISIS supporters tweeting from?

Top locations claimed by Twitter users supporting ISIS in 2015 *







facebook

Email or Phone Password

Log In

Keep me logged in

Forgot your password?



Islamic State of Iraq and Al-Sham is on Facebook.

To connect with Islamic State of Iraq and Al-Sham, sign up for Facebook today.





Teacher

Flamujt e zinj në kohën e fundit si shenjë përgëzuese për besimtarët, ndërsa brenge për munafikët...



223

Likes

About

Photos







News/Media Website https://twitter.com/islamicstatee About - Suggest an Edit

Highlights -Post Photo / Video Write something... Post

Islamic State shared a link.

News about Islamic State read there https://twitter.com/islamicstatee



ISIS news (islamicstatee) on Twitter

The latest from ISIS news (@islamicstatee).



ISLAMIC STATE OF IRAQ AND SHAM

FOLLOWERS

32

More v

FOLLOWING

15

النو رسور گود

الديلة الإسلامية الع

41 Photos and videos



41

Tweets and replies

PHOTOS/VIDEOS

الدولة الإسلامية الم Retweeted by الدولة الإسلامية

AlHayat Media Center @alhayat en Th Multi-language translations of Sh. Abu Muhammad Al-'Adnani's speech "What Comes Tc You Of Good Is From Allah"

justpaste.it/ma_asabak

TWEETS

87

Tweets

全子 96 第 27

الدولة الإسخابية الع Retweeted by الاسخابية الع

ISIS NEWS (®isisnews3 16m)

The Islamic state progressing in #Diyala battles after controlling some of the Safavid army strongholds near Jalolaa

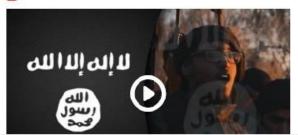
#Iraq #ISIS #ISIL

4: 135 \$6 ***

@islamicstatee - 3h الدوله الإسلامية الع

MESSAGE TO @BarackObama obama FROM ISIS - الدولة الإسلامية العراق والشام voutube.com/watch?v=rrf0mm...

YouTube



التولة الإسلامية الع from

- Follow

Full name

brabcco

.......

Sign up for Twitter

Worldwide Trands - Change

#WorldCupOpeningCeremony #inauguracionmundial

Pitbull and JLo

#EmpiezaElMundialYYo

Mr Worldwide

التناح كأس العالم#

#AberturaDaCopa

Terry Tibbs

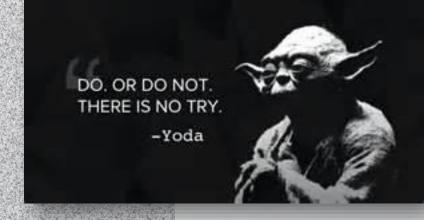
Claudia Leite

That Brazilian

Like · Comment · Share

10 nannia like this

What Io Do





ISIS IT Staff

Cyber-Caliphate Chief Newly Appointed

2014 380 team members

2015 3500+ team members

Dedicated Cybersecurity Team

Dedicated Cyber Caliphate Team

Syrian Electronic Army

Ajax Security Team

Clear Access to Medical Devices

Ideology is not Restricted by International Law or Convention





Keep This In Mind

Policies

Procedures

Practices

- You must have relevant, timely IT Security and Privacy policies that are supportive of the current threat landscape
- You must be able to demonstrate that you have procedures in place that are based on your policies.
- You must be able to <u>provide evidence</u> that <u>you</u> <u>practice your procedures</u>.

Keep This In Mind



- The lack of governance calls into question your ability to show relevance, demonstrate process or provide evidence of practice.
- IT Security **governance vastly reduces risks,** improves readiness and in many ways reduces costs.
- Governance need not be complicated the simpler the better but it must be:
 - Specific to IT Security
 - Cross-Functional
 - Educated
 - Demonstrable

Level I Readiness

Continuous Monitoring

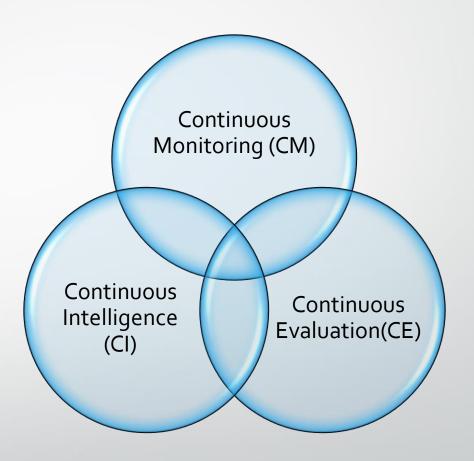
Infrastructure Control Security Operations Center Incident Response Containment

Continuous Intelligence

Timely & Specific Actionable Acted Upon

Continuous Evaluation

Risk Assessments (yearly) Testing (six months)





Level II Readiness

Sensato Strategic Imperatives

The top-10 strategic imperatives are designed as a universal score-card.

These may not be the ten most important items for your organization, but they are the ten most items we find to be critical to addressing the NIST requirements.

Imperative

Appropriate Access & Controls

Appropriate Qualified IT Security Team

Partner Management

Education Standards

Executive Intimacy

Incident Response Readiness

Monitoring

Old Technology Utilization

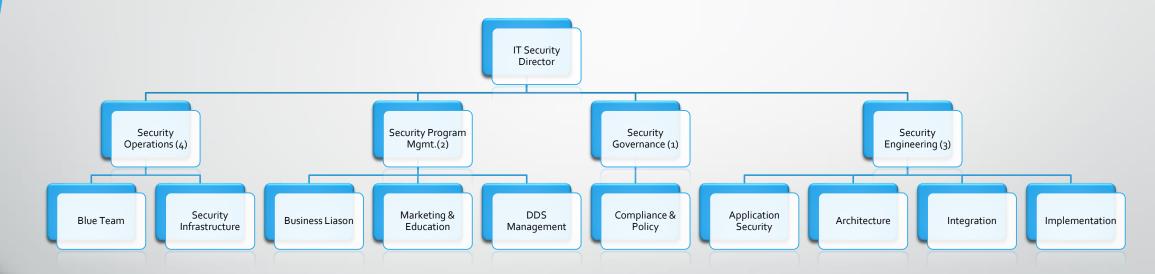
Patch Management

Relevant Practices





IT Security Organization Model







Level III Readiness

Cybersecurity Strategic Plan

1 & 3 Year Plan

Mission – Values – Critical Success Factors

Relevant to Current Threats

ROI Based

Acknowledge/Address Weakness & Justify

DEPLOY NIST!!!!

Cybersecurity Data-Driven Security Program

Establish Measurements

Establish Review and Evolution Process

Cybersecurity Culture

View Cybersecurity Holistically Marketing & Training Commitment to Defense





Sensato Coordinated Risk Scoring (CRS)



Threat

Issue



Deploy Honey Pots

Attackers Hate These



They have one job – to scream.

Pretty low tech – pretty high return.

They temp and Entice

Too Good to Be True...

If you must...then...

Leave to the End of an attack

Watch for other traffic and activity.







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